

Authorization

My Child's Health insurance is covered by:

Insurance Company

Policy Number

Parent/Guardian Signature

Mail all checks payable to:
Huntingtown HS Football

Send to Football Camp
C/O Huntingtown High School
4125 Solomons Island Road
Huntingtown, MD 20639

Contact Information

Paul Friel: 321-223-6860

Twitter: @caneshtown

Email: huntingtownyouthfootballcamp@gmail.com

The Camp will begin at 4:00 pm and conclude no later than 7:00 pm each day.

Transportation to and from the camp should be arranged by the athlete.

Coaches Letter,

I want to personally invite you to attend the 2019 camp. We believe great football players begin with a fundamental foundation. Position by position, we will teach the same techniques we teach our players at Huntingtown High School. It will also give us as high school coaches a chance to view you as an athlete. We look forward to seeing you at the camp.

Sincerely,

Paul Friel
Head Football Coach
Huntingtown Hurricanes

2000 Florida Athletic Coaching Association

2A Region Coach of the Year

2002 Florida Athletic Coaching Association

4A Region Coach of the Year

2004 Florida Athletic Coaching Association

4A Region Coach of the Year

2004 Space Coast Conference Coach of the Year

2012 Charles County Coach of the Year

2014 Charles County Coach of the Year

2014 SMAC Coach of the Year

2014 SMAC Champions

2014 Class 3A Regional Champions

2015 SMAC Champions

2018 Calvert County Coach of the Year

2018 Class 3A South Regional Champions

Coached

2014 SMAC Player of the Year

2014 All Met Defensive Player of the Year

2014 Maryland Defensive Player of the Year

2014 Two Players selected for the BIG 33 Game

Huntingtown High School



Youth Football Camp

July 9-11

4:00 PM - 7:00 PM

Cost \$ 75.00

All athletes ages 6 thru incoming freshman will be instructed by certified coaches.

Camp Goals

This camp is designed to teach the youth of our community the fundamental skills and techniques of the game of football.

Area coaches, whom are well regarded in the football community, will instruct young athletes in the fundamentals of the game in an enthusiastic and entertaining manner. These young athletes will learn both offensive and defensive positions through individual and group work.

The players will be categorized and grouped by size, grade, and ability level. Some of the techniques that will be covered are:

Offensive Lineman

- Stance and Starts
- Hole Numbering
- Blocking Techniques
- Blocking Schemes

Receivers

- Stance and Starts
- How to Catch the Football
- Route Running
- Down Field Blocking

Running Backs

- Stance and Starts
- Hole Numbering
- Hand-offs and Running Techniques
- Routes
- Blocking Schemes

Quarterbacks

- Stance & Starts
- Ball Handling
- 3 & 5 Step Drops
- Sprint Out
- Option Read & Reactions

Defensive Lineman

- Stance & Starts
- Alignment, Keys
- Position Techniques
- Tackling Techniques
- Pass Responsibilities

Line Backers

- Stance & Starts
- Reaction to Keys
- Taking on Blockers
- Tackling Technique
- Pass Responsibilities

Defensive Backs

- Stance & Starts
- Read Keys
- Cover 2 & 3 Zone Principles
- Man to Man
- Coverage Principles
- Breaking on the Ball
- Tackling Technique

Required Equipment

Each athlete should arrive promptly, dressed in appropriate attire to include athletic shorts, T-shirt, football cleats, or sneakers, and be ready to participate.

Location

The camp is located on the athletic practice fields at Huntington High School.

Camp Schedule

- 4:00 pm-Announcements and overview of the days schedule
- 4:20 pm - Stretching and Agilities.
- 4:40 pm Group Work
- Heads Out proper Tackling & Blocking
- 5:00 pm - 5:05 pm Break
- 5:05 pm Def Individual position work
- 5:35 pm - 5:40 pm Break
- 5:40 pm - Off Individual position work
- 6:10 pm - 6:15 pm Break
- 6:15 pm - Group Work (Run/Pass Skill)
- 6:40 pm - Teams
- 7:00 pm - Refreshments; Closing Remarks

Application

Name: _____
 Emergency Contact: _____
 Phone (Home): _____
 (Cell): _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Grade: _____ T Shirt Size: _____
 Height: _____ Weight: _____

Football Position (Circle One Each)

Offense: Line WR RB QB

Defense: Line LB DB

My child has permission to attend the Huntington Youth Football Camp. I have no knowledge of any physical condition that would limit or affect my child's participation in the football camp. In the unlikely event of an injury for which my child requires medical care, I authorize the staff of the camp to act for me to obtain medical treatment that the staff deems necessary and appropriate. I consent to such treatment including but not limited to hospitalization and surgery. I will be responsible for any medical costs or other charges in connection with the attendance at the camp. I acknowledge that at the camp, my child will participate in activities and drills that may involve among other things, physical contact with other persons or objects, including the ground. Due to the nature of these activities and drills, I understand there is a risk of injury. I specifically waive, give up and release the camp, it's owners and staff from liability of claim for damage that my child or I may have incurred from the injuries or illness that they may sustain at the camp.

